

# EVENTS AND SERVICE OFFICER NEWS

American Legion Richard F. Smith Post 29, Jackson, Michigan

Dear Member

August 16, 2024

To keep Legion, Auxiliary and SAL Members of Post 29 informed of Post activities, the Post is using the Post 29 Web Page, and sending emails to Post Members.

**Access to Post 29 Web Page:** [www.richardfsmithpost29.org](http://www.richardfsmithpost29.org) and click on the calendar button for events.

## Events

### **Card Show – Saturday, August 17**

A Sports Card Show is being held at the Post on Saturday August 17, from 9:00 am to 3:00 pm. The Auxiliary provides food and drinks to the participants as a fund raiser. The Auxiliary is looking for help (any help one hour or more) and for donations of cookies. Contact President Jennifer Shew, 517-205-3183.

### **Dewayne Spaw Band – Friday, August 23**

The Dewayne Spaw band, country music, will perform under the Pavilion at the Post on Friday, August 23 starting at 7:00 pm ending 10:00 pm.. Bring your own drinks and chair.

### **Legion Riders Meeting – Tuesday, August 27**

The next Legion Riders Meeting is Tuesday, August 27, at 7:00 pm, at the Post. Legion Riders Meetings are the fourth Tuesday of the month.

### **Steak Fry – Resumes Friday, September 6**

The first Steak Fry is Friday September 6, 5:00 pm to 8:00 pm at the Post. Come enjoy a 12 ounce New York Steak grilled as you like it with salad, baked potato, roll, dessert, and coffee. Cost \$15.00 per person. Steak Fries are scheduled for the first Friday of the month for October, November and December. Contact Floyd Covey, 571-581-9326, with questions.

## **Sunday Breakfast – Starts Sunday, September 8**

All You Can Eat Breakfast starts September 8, from 8:00 am to 12:00 noon at the Post. Cost is \$8.00 per person plus \$1.00 for drink. Breakfast is scheduled every Sunday through April, 2024. Contact Dan Shew 517-945-4322, with questions or if you want to volunteer to help the breakfast team.

## **SAL Meetings – Tuesday, September 10**

The next Sons of the American Legion Meeting is Tuesday, September 10, at 7:00 pm, at the Post. Meetings are the second Tuesday of the month.

## **Auxiliary Meeting – Thursday September 12**

The next Auxiliary Meetings is Thursday, September 12, at 6:30 pm at the Post. Meetings are the second Thursday of the month.

## **Post 29 Golf Outing – Saturday, September 14**

The Post 29 Golf Outing is Saturday, September 14, at Burr Oak Golf Course. 8:00 am shotgun start. Contact Dan Shew, 517-945-4322, or Jennifer Shew, 517-205-3183, or Floyd Covey, 517-581-9326, with questions. **Golf outing is sold out.**

## **Legion Executive Meeting – Thursday, September 19**

The Executive Board Meeting will be Thursday, September 19, at 6:00 pm, at the Post. Executive Board Meetings are the Third Thursday of the month.

## **Legion Membership Meeting – Thursday, September 19**

The next Legion Membership Meeting is at 7:00 pm September 19, at the Post. Legion Membership Meetings are on the third Thursday of the month.

## **Queen of Hearts Drawing – Every Sunday - Current Prize \$44,000**

A Queen of Hearts Drawing is held at the Brooklyn Post every Sunday at 3:00 pm. Post 29 has an agreement with the Brooklyn Post as well as the Posts in Tecumseh, Michigan Center, and Onsted to keep half of the proceeds from tickets for this drawing that are sold from Post 29. Tickets are \$5.00 each. Ticket sales at Post 29 are: Tuesday, 4:00 pm to 9:00 pm, Wednesday, 6:00 pm to 8:00 pm, and Sunday, 8:00 am to Noon (at Breakfast) or when a Queen of Hearts staff member is present. Ticket sales are open to the public. Contact Mike Prichard, SAL Director, 517-262-3713 with questions. State License # C31237 through October 20, 2024.

## **Bingo at the Post – Every Tuesday**

Bingo is held at the Post every Tuesday evening. Early Bird is 6:00 pm with Bingo starting at 6:30 pm.

## **Announcements**

### **A Word... From Your Chaplain,**

The American Legion is comprehensive in nature, embracing all religions, faiths and denominations within its ranks. The chaplaincy strives to minister to the spiritual needs of all without regard to either affiliation or non-affiliation. Chaplains seek to minister to people wherever there is a need. For many, chaplains are the only ministers they will ever know.

I believe there is a great deal of spiritual need in this world right now. Compound that need with the specialized needs of our Veterans and we can see how many of them are on the verge of giving up hope. Hope and compassion through Faith in a greater power are what a chaplain specializes in. Rebuilding self-esteem, spiritual renewal, and finding purpose, all help to restore their personal well-being.

I am asking that if you, a family member, or a friend are in need of prayer, a hospital visit, a visit to a care facility, or simply a sounding board, please consider reaching out to me by one of the means below because, I might not be able to fix it... but I know a guy!

... and remember, there is power in prayer!

God's blessings,  
Chaplain Scott Altenburg  
Email: [cruisin2lanes@gmail.com](mailto:cruisin2lanes@gmail.com)  
Cell: (419) 340-2196

## **Events Committee**

Events planned by the Committee:

September 28 - Legion vs Legion softball tournament, at the Post using 16" softball and no gloves. There will be a \$50 team fee. Current participants, Michigan Center Post, Jackson Smith Post, Brooklyn Post, Leslie Post, and Stockbridge Post.

Contact Dave Bortels, Legion Second Vice Commander, and Chair of Events Committee, 248-881-3209 with any suggestions or questions.

## **Breakfast with Santa**

The Post is collecting toys for the Breakfast with Santa on Sunday, December 22. These toys will be used to give gifts to kids from Santa. Details will be provided later. Contact Michael Shew, 517-812-4555, if you have any questions or want to help.

## **Next Red Cross Blood Drive – Thursday, October 17**

The Next Red Cross Blood Drive is October 17, from 12:00 noon to 5:45 pm at the Post. Schedule on line at [www.redcrossblood.org](http://www.redcrossblood.org) and enter sponsor code: JacksonAL or call 1-800-733-2767

## **Ritual Team Help**

We are in desperate need of retired veterans who would be willing to join our Ritual team. The Ritual team attends funeral services in the surrounding area. You need to be dedicated to help and attend the funerals as needed. If interested, please contact Dave Molton, 517-740-2496 or Ron Ebersole, 701-609-3744

## **Looking for Volunteers for Post Activities**

We are looking for volunteers to help in other Post activities. Contact Commander Ron Ebersole, 701-609-3744, if you are interested.

## **Post Service Officer News**

As the Post Service Officer, I am emailing our Post Service Officer News monthly as part of the information process. See below. Please contact me if you have any questions. Sections in blue will get you to a web page link if you point to it and right click your mouse.

If you, or any other veteran, need help with VA and other benefits please contact me:  
Service Officer: Dave Mooberry 517-784-5466, [dgmooberry@att.net](mailto:dgmooberry@att.net)

If you do not want to receive the Post email please message me at [dgmooberry@att.net](mailto:dgmooberry@att.net)

## Veteran Crisis Line for Veterans, Care Givers and Family

If you or a Veteran you know is in crisis or having thoughts of suicide, call the Veterans Crisis Line - Dial **988 and press 1**, to connect with a caring, qualified, veteran responder, or chat [online](https://www.veteranscrisisline.net/), or text **838255**, or webpage: <https://www.veteranscrisisline.net/>. (VA 7/19/22)

## Coping Strategies after a Suicide Attempt

If you're a Veteran who has attempted suicide or you're supporting a Veteran in your life, VA offers resources to help. See: [Five coping strategies for Veterans and their loved ones after a suicide attempt](#). (VA 8/9/24)

## VA Health Chat: Receive care without going to a VA facility

"I didn't want to call and go through the phone loop of trying to get ahold of someone. VA Health Chat will definitely be my go-to for scheduling appointments." See: [Read Full Story](#). (VA 7/25/24)

## How to Report a Veteran's Death to VA

After a Veteran passes away, family members should report the death of the Veteran to VA as soon as possible to stop current benefits payments. If the death is not reported promptly, survivors or executors of the Veteran's estate may have to repay any overpayments received. See: [How to report a Veteran's death to VA](#). (VA 7/19/24)

## Vaccination and Long COVID

Study underscores important role COVID vaccination can have in protecting Veterans from infection and reducing long-term health consequences. See: [VA study highlights role vaccination plays in preventing Long COVID](#). (VA 7/26/24)

## Managing PTSD While You Age

Some changes that come with aging may make your PTSD symptoms more noticeable. Know your treatment options and the challenges you may face. See: [Learn more](#). (VA 7/23/24)

## Find Support for Anxiety

When anxiety starts affecting your day-to-day activities, work, sleep, or relationships, it may be time to do something about it. No matter what you are experiencing, VA has effective treatments and resources. See: [Find Support for Anxiety](#). (VA 8/8/24)

## **Aging and Muscle Loss**

As you age, your body can change in surprising ways. Keeping your muscles strong will help you continue doing the things you love. See: [Learn more](#). (VA 8/6/24)

## **Physical Therapy at Home**

Physical therapy can improve balance, strength, and mobility. Try physical therapy through VA Video Connect, from the comfort of home. See: [Learn more](#). (VA 8/6/24)

## **Acupressure for that Pain in the Neck!**

When your neck hurts, it is natural to place your hands on the area that is hurting and press or rub. Try this acupressure routine using just your hands to relieve head and neck pain. See: [Read more](#). (VA 6/20/24)

## **Tracking Veteran Food Insecurity**

VA is addressing Veteran food insecurity with interventions and highlighting the unique needs of women and rural Veterans. See: [Better together: Tackling Veteran food insecurity](#). (VA 8/12/24)

## **Don't Stress Eat; Eat Well for Stress**

It's easy to lose track of healthy habits when we're stressed. But poor nutrition can make us feel worse. Get helpful tips to avoid stress eating and find healthy alternatives. See: [Watch now](#). (VA 8/6/24)

## **Claim Predators**

Claims predators take advantage of Veterans and their beneficiaries by using high-pressure tactics, sharing misleading information and making false promises to convince Veterans to sign up for their services. Here's how to spot them. See: [Beware: Claims predators want to prey on your benefits](#). (VA 8/9/24)

## **Arm Yourself to Beat Debt Scams**

Arm yourself with the knowledge you need to be safe online when it comes to financial services, debt scams and junk fees targeting Veterans. See: [Arm yourself to beat debt scams](#). (VA 8/8/24)

## **Online Safety While Traveling**

Here are some of the top things to avoid while traveling, to enhance your online safety. See: [Online safety and the Do Nots of traveling](#). (VA 8/13/27)